



**Sno-King Youth Club**  
**Pre-School, Pre-K, 1st - 2<sup>nd</sup>**  
**Grade Basketball Rules**

**The Basics**

- Score is not kept.
- Games are played five on five
- Each team is allowed two time-outs per game. Time-outs will be 60 seconds.
- Games will be played with a junior size basketball.
- The game starts with a jump ball. After the opening tip, the alternating possession rule is used to settle all jump ball situations and possession at the beginning of each quarter.
- 1<sup>st</sup>-2<sup>nd</sup> Grade Games are a total of 32 minutes consisting of four 8 minute quarters with a running clock. Clock will stop only for an injury.
- Pre-School, Pre-K and Kindergarten practices for 30 minutes followed by a 30 minute game.
- Hoop height:
  - \*Preschool/Pre-K – 6 feet
  - \*Kindergarten – 7 feet
  - \*1<sup>st</sup>/2<sup>nd</sup> grade – 8 feet

**Rules**

- Teams must use a person-to-person defense, no zone defense.
- Defensive fouls will result in a new possession on the sidelines.
- Offensive fouls will result in a change of possession.
- There will be no foul shots.
- Defensive players can not steal the ball while the offensive player is in control of the ball, i.e. dribbling or holding. Defensive players can steal a pass (which includes a “handoff” pass) and pick up a loose ball.
- Defensive Players can block shots once the ball has been released from the offensive players’ hand.
- Defensive players must pick up their person at the top of the key. No back-court defense is allowed.
- Teams are not allowed to set screens at this age.

**Fouls or Violations**

- Pushing, grabbing, etc.
- Double Dribble
- Traveling
- Reaching In
- Over and Back

**Substitutions**

- For Preschool and Pre-K teams: substitutions can be made at any time. For Kindergarten – 2<sup>nd</sup> grade: substitutions can be made halfway through the quarter, at the end of the quarter, a time-out or for an injury.
- 1<sup>st</sup>/2<sup>nd</sup> grade teams only: Each child must play a minimum of 16 minutes per game, unless there is an injury.

**Coaching**

- Each team is allowed one head coach and one assistant coach on the bench during games. No parents or siblings allowed.
- Coaches are responsible for the actions and behaviors of their sidelines (parents, fans, coaches, players, etc.)
- Please keep opinions regarding the officiating of the game to yourself. If there are any concerns, please notify SKYC after the game.
- Remember, this is a Sno-King Youth Club non-competitive league. Keep it positive!

**Officiating** – Coaches or a volunteer parents will hold the officiating duties.